

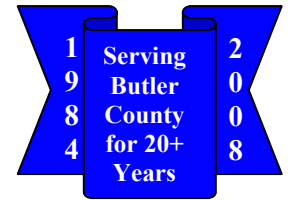


Building 3, Sunnyview Home Complex - 111 Sunnyview Circle  
Suite 101 – Butler, PA 16001-3547

## *Butler County*

# *Area Agency on Aging*

Phone (724) 282-3008 Fax (724) 282-1466 Toll Free 1-888-367-2434  
[aaainfo@co.butler.pa.us](mailto:aaainfo@co.butler.pa.us)



### **Health Promotion**

Various health-related programs are offered through Butler County Area Agency on Aging. Each program or event emphasizes senior health, wellness education and disease prevention. It is widely known and accepted that the educated consumer who maintains control of their wellness and health is far more-likely to remain independent well into their senior years.

Prime Time Health Promotions include but are not limited to:

- Speakers on medication management, consumer and charity fraud, vision or hearing problems and more
- Videos on senior health and wellness-related topics
- Flexercise, Healthy Steps in Motion, Silver Sneakers, and Stretch Yoga, low-impact chair aerobics, conducted by trained volunteers.
- Health-related enrichment programs in the senior centers
- Resource racks contacting information on senior health, located in senior centers, senior housing communities and libraries
- Farmers Market Nutrition Program, administered through the Agency from the Dept. of Agriculture
- Influenza Vaccination

Contact the Butler County Area Agency on Aging, or your local Senior Center for more information, at the numbers listed below:

[Area Agency on Aging \(724\) 282-3008](tel:(724)282-3008)

Butler Senior Center (724) 285-5392	Mars Senior Center (724) 625-4466
Bruin Senior Center (724) 753-2922	Mt. Chestnut Senior Center (724) 282-6006
Chicora Senior Center (724) 445-2551	North Central Senior Center (W. Sunbury) (724) 637-2959
Cranberry Twp. Senior Center (724) 772-6086	Slippery Rock Senior Center (724) 794-6440
Evans City Senior Center (724) 538-9414	South East Senior Center (Cabot) (724) 352-2036
Zelienople Senior Center (724) 452-3612	