

ANGEL FOOD MINISTRY HELPS YOUR GROCERY BUDGET!

This information was updated October 2008. Our sources are reliable but this is not an agency program. Please go to www.angelfoodministries.com or call one of the phone numbers ON THE REVERSE SIDE to verify information and get additional information.

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing grocery relief to communities throughout the United States. They began feeding 34 families in 1994 and have grown to feed over 500,000 families in 32 states as of the end of 2006.

Angel Food works through churches and community organizations. They sell a unit of food for \$30.00. The **regular unit** would assist in feeding a family of four for about one week or a single senior citizen for almost a month. The food is all the same quality one would purchase at a local grocery store. There are no second-hand items, no damaged or out-dated goods, no dented cans without labels, no day-old breads, and no produce that is almost too ripe.

Food sales and distribution are handled by church host sites. Orders and payments are collected by the host sites during the first part of each month. (Pre-payment by cash, money order, or food stamps is required.) The orders are then turned into the Angel Food Ministries home office in Monroe, Georgia and filled in time for the distribution date which occurs at the end of the month. The July 2008 **regular unit** menu was:

40 oz. Marie Callender's Family Crock Pot Dinner (meat included)	1 lb. Peas and Carrots
1.5 lb Boneless Pork Filet	28 oz. Pasta Sauce
5 lb Breaded Chicken Chunks	1 lb. Pasta
1.5 lb Meaty Beef Ribs	32 oz. Borden 2% Reduced Fat Shelf Stable Milk
28 oz Meatloaf and Gravy	32 oz. Hawaiian Punch
1 lb. Beef Fajitas	12 ct. Corn Tortillas
1 lb Fully Cooked Meatballs	7 oz. Blueberry Muffin Mix
1 lb. All Meat Hot Dogs	1 doz. Eggs
1 lb. Broccoli	1 Dessert Item

There are monthly specials which offer additional meats or fruits and vegetables, however, one **regular unit** (listed above) must be purchased in order to qualify for the specials.

There is also a Senior Box of 10 prepared meals ... please see reverse side for those details along with a list of hosting sites in or near Butler County.

You need to register with a host site once and then every month confirm your order with them by payment. Payment must be in the form of cash, money order or food stamps. Checks are not accepted. You then need to arrive at the host site on distribution day with your receipt, a laundry basket, box and/or cooler. Once you have signed up with a host site, they prefer you place and pay next month's order when you pick up the current month's food.

*Information provided as a service of the Butler County Area Agency on Aging
724-282-3008 1-888-367-2434 www.co.butler.pa.us*

ANGEL FOOD MINISTRIES SERVES SENIORS WITH A SPECIAL MENU

Jody from Harmony-Zelie United Methodist Church alerted Butler County Area Agency on Aging to tell you that the ministry provides a "Senior Box." The website (www.angelfoodministries.com) provided the following definition:

SENIOR BOX

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals — just heat and serve. Each meal has been developed with dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

SAMPLE SENIOR BOX - All this for \$28.00

BBQ Chicken: slow roasted chicken diced and served w/ western BBQ sauce, southern style black eyed peas & collard greens & cinnamon apple sauce.

Meatloaf w/ Brown Herb Gravy: traditional meatloaf w/ brown gravy, sweet potatoes w/ brown sugar & maple, green peas, mushrooms & green beans

Sweet 'n Sour Chicken: Slow cooked chicken chunks served in a sweet 'n sour sauce over steamed rice w/ steamed broccoli, mushrooms & wax beans.

Meat Patties w/ country Style Gravy & Onions: Lightly floured & seasoned served w/ a rich brown gravy & onion. Creamy mashed potatoes, steamed broccoli w/ cheese and accompanied by diced beets.

Spaghetti w/ Meatballs: Spaghetti w/ traditional meat sauce, seasoned Italian green beans, diced pears & an oatmeal cookie

Salisbury Steak w/mushroom gravy: Salisbury steak w/ brown gravy, mashed potatoes, peas & carrots and diced pineapple.

Thyme Baked Chicken: Chicken chunks in a thyme sauce w/ parsley potatoes, three bean salad & diced peaches.

Creole Baked Whitefish: Whitefish baked w/ creole sauce served w/ red beans & rice, creamed spinach & chocolate chip cookie

Chicken Curry w/ Vegetables: Cooked tender chicken w/ green beans and yellow corn over seasoned onion broth rice w/ broccoli oriental vegetables & diced pears.

Ground Beef Stroganoff: Ground Beef in rich Stroganoff cream sauce served over parsley egg noodles, green beans and onions w/ fruit cocktail.

The following churches are host sites for Angel Food Ministries and may be contacted for more information on how and when to sign up and pick up food orders. There are no income or financial restrictions - all are welcome to participate.

Grace Calvary Lutheran Church, Butler	724-283-0830
Deer Lakes Nazarene AFM, Curtisville	724-265-4850
Zelienople Church of the Nazarene, Fombell	724-452-9190
Harrisville United Methodist Church, Harrisville	724-735-4671
Church of God of Prophecy, Kittanning	724-548-7223
Center United Methodist Church, Natrona Heights	724-226-2300
Crossway Church, Valencia	724-584-8444
Harmony-Zelienople UMC, Zelienople	724-452-7670