

BUTLER COUNTY AREA AGENCY ON AGING

Caregiver Support Program

Caregiver Support Program

- The Pennsylvania Caregiver Support Program aims to reduce stress on primary, informal, unpaid caregivers.
- The program supports individuals who care for a functionally dependent older adult relative or other adult relative suffering from a chronic dementia, such as Alzheimer's Disease, who requires assistance due to medical condition or disability.

- The program provides coordinated support through an appointed Care Manager at the local Area Agency on Aging.
- The program focus is on the Caregiver and the Caregiver's needs to enable them to effectively continue in the Caregiving role.
- The Caregiver Support Program provides reimbursement of caregiving expenses for services and supplies used to provide care.
- All approved services or supplies must directly or indirectly benefit the care receiver
- Services may also include caregiving assistance, education and counseling

Who is a Caregiver?

- A *caregiver* is someone who regularly looks after a child, or an adult who is elderly, sick, or disabled. Caregivers often help with shopping, transportation, cooking, housework, money management, and personal skills, such as bathing, dressing, using the toilet, and walking. Providing care for another person can put stress on the caregiver, affecting their health, well-being, and relationships.

Who is a Carereceiver?

- A *carereceiver* is the functionally dependent older adult relative or other adult relative suffering from a chronic dementia, such as Alzheimer's Disease, who requires assistance due to medical condition or disability.

Who is considered a “relative”

- Any individual who is related by blood, marriage or adoption

What is an ADL?

- ADL – Activity of Daily Living
- Includes:
 - Bathing
 - Dressing
 - Grooming
 - Eating
 - Transferring (in/out of bed or chair)
 - Bladder and Bowel Management
 - Medication Management and Administration

Criteria and Funding

State Caregiver Support Program

- Age of Caregiver: 18+
- Age or Carereceiver: 60+ or *any age with Alzheimer's/Dementia*
- Must Caregiver and Carereceiver be related?: No – open to family, friends and neighbors
- Must the Caregiver & Carereceiver live in the same household? – No, but can NOT be long distance Caregivers
- ADL assistance – **Carereceiver needs DAILY assistance with 1 or more ADLS**

Federal Caregiver Support Program

- Age of Caregiver: 18+
- Age or Carereceiver: 60+
- Must Caregiver and Carereceiver be related?: No – open to family, friends and neighbors, but NOT long distance Caregivers
- Must the Caregiver & Carereceiver live in the same household? – No, but can NOT be long distance Caregivers
- ADL assistance – **Carereceiver needs DAILY assistance with 2 or more ADLS**

Criteria and Funding

Federal Disabilities

- Age of Caregiver: 55+
- Age of Carereceiver: 19-59 with disability
- Must Caregiver and Carereceiver be related?: YES – grandparents, aunts/uncles, siblings, spouse, cousins but NOT parents
- Must the Caregiver & Carereceiver live in the same household? – YES – *but carereceiver cannot be the child of the Caregiver*
- ADL assistance – Carereceiver needs DAILY assistance with 2 or more ADLS

Criteria and Funding

Federal Grandparents

- Age of Caregiver: 55+
- Age of Carereceiver: 18 or younger
- Must Caregiver and Carereceiver be related?: YES – grandparents, aunts/uncles, siblings, spouse, cousins but NOT parents
- Must the Caregiver & Carereceiver live in the same household? – YES – *but carereceiver cannot be the child of the Caregiver*
- Caregiver is the Primary Caregiver of the child because the biological or adoptive parents are unable or unwilling to serve as primary caregiver
- Carereceiver CANNOT have been adopted by the Caregiver

Examples of Services

- Adult Day Services
- Emergency Response Button
- Medication Dispenser
- Health Monitor
- Housekeeping
- Laundry
- Meals
- Personal Care
- Respite
- Shopping
- Transportation

Examples of Supplies

- Adaptive Equipment
- Bed Protection Supplies
- Catheter Supplies
- Incontinence Supplies
- Over-the-counter-medications
- Nutritional Aides
- Oral Hygiene
- Prosthetic items
- Other items necessary for the care of the carereceiver, based on individualized care plan

One Time Purchases

- Can be used for Home Modifications and Assistive Devices
- The MAXIMUM benefit available for One Time Purchases is a *Lifetime Cap* of \$2000
- Preapproval through AAoA Care Manager is required for Home Modification and Assistive Devices
- Funding availability through other funding sources must be used prior to use of CSP Funds – *for example, Medicare, Medicaid, other Insurances, VA, Hospice, etc.*
- Funding can be used for either purchase or leasing of approved item
- Examples of One Time Purchases: *Stair Lift, ramp, lift chair, bathtub remedification*

Reimbursement Information

- Reimbursement is dependent on *need* and *household income*
- Reimbursement percentage is based on PDA Reimbursement Guidelines
 - Household of 1 under \$23,760 – 100% over \$45,145 – 0%
 - Household of 2 under \$32,040 – 100% over \$60,877 – 0%
 - Household of 3 under \$40,320 – 100% over \$76,609 – 0%
- Standard monthly reimbursement is \$200/month, but with documentation, potentially, the Caregiver could receive up to \$500/month
- Caregiver Support Program can be combined with other services, but NOT Waiver
- Caregivers can only be the Primary Caregiver for ONE Carereceiver

Caregiver Support Info:

- Butler Memorial Hospital Support Groups
- For additional information on any of the following BMH support groups, please contact the Community Education Department by calling 724-284-4232 or via e-mail at cassandra.ufner@butlerhealthsystem.org
 - Diabetes “Morning Chat”
 - Diabetes Support Group
 - General Cancer Support Group
 - Individual Therapy
- VA Caregiver Support Program – Karen Glibe – 724-285-2492 – Group and Individual Programs
- Concordia Lutheran Ministries – Alzheimer’s Dementia Support Group – Melissa Witchey – 724-352-1571
- Lifesteps – Michael Smith – 724-283-1010 – Third Tuesday of every month at 3:30pm
- Paramount Senior Living – Nash Zavarella – 724-779-5020 – First Monday of the Month at 3:00pm and the last Friday of the Month at 2pm
- Chicora Medical Center – Patricia Ketterer – 724-445-2000 – First Monday of the Month at 1:00pm
- VNA Caring Well Support Services – Kelli Connolly – 724-431-3520
- Saxony Health Center – Alzheimer’s & Dementia – Dawn Brightshue – 724-352-9445
- Sunnyview Home – Alzheimer’s & Dementia – Debra Monteleone – 724-282-1800
- Alzheimer’s Association – 1-800-272-3900